

# Emergency Preparedness

*By Niyati Patel*

An emergency  
is a situation  
when our lives

are in danger.

A life and

death

situation that  
often arrives

without  
warning.

It is best to be  
prepared for

some of these  
situations.

For starters,  
have a first-



aid kit in the  
house.



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It is good to  
have some  
other

emergency

supplies like a

good

flashlight,  
sleeping bags,  
nuts and

snack packs,  
crank radio  
and a water

bottle all  
stored in a  
backpack.



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